

“NOT TOO OLD” CONFERENCE

Sample Schedule (One Day)

8:00 a.m. Check-in, light breakfast/coffee

8:30 a.m. Mini-concert by local musician(s) as guests arrive

9:00 a.m. Main session

- Welcome by local host, explanation about the day’s activities (option: recognize event sponsors)
- Dave Faust speak on “Not Too Old” or “What I Have Learned About Aging”

10:00 a.m. Break (enjoy snacks and visit exhibits)

10:15 a.m. Workshops (Session 1) . . . other workshops, breakout sessions, or panel discussions can be added on topics like retirement, health care, spiritual growth, coping with grief, caregiving, Q & A with Dave Faust, etc.

- Intentional Christian Grandparenting *(repeated at 1:00 p.m.)*
Leader:
Presiders:
- Financial Planning Tips for Senior Adults *(repeated at 1:00 p.m.)*
Leader:
Presiders:
- Peace of Mind: Funeral/Cemetery Pre-Planning *(offered now only)*
Leader:
Presider:
- Brain Health & Falls Prevention *(repeated at 11:15 a.m.)*
Leader:
Preside:
- How to Be a Healthy Inter-Generational Church *(offered now only)*
Leader:
Presiders:

11:00 a.m. Break (enjoy snacks and visit exhibits)

11:15 a.m. Workshops (Session 2)

- Legal Issues Affecting Senior Adults *(offered now only)*
Leader:
Presider:
- How Seniors Can Serve in the Church *(offered now only)*
PANEL DISCUSSION
Presider:
- Brain Health and Falls Prevention *(repeated from Workshop Session 1)*
Leader:
Presider:
- Avoiding Scams *(offered now only)*
Leader:
Presider:

12:00 Noon Lunch (enjoy the meal and conversation, and visit exhibits)

1:00 p.m. Workshops (Session 3)

- Intentional Chr. Grandparenting *(repeated from Workshop Session 1)*
- Financial Planning Tips for Senior Adults *(repeated from Workshop Session 1)*
- Disciple-Making in Your Senior Years *(offered now only)*
Leader:
Presider:
- Community Resources for Senior Adults *(offered now only)*
Leader:
Presider:
- How Older Adults Can Serve Your Community *(offered now only)*
Leader:
Presider:

1:45 p.m. Break (visit exhibits and enjoy snacks)

2:00 p.m. Main session . . . Dave Faust speak on “Even If” or another topic

2:55 p.m. Closing