

“NOT TOO OLD” CONFERENCE

Sample Schedule (Two Days)

Friday Evening

5:00 p.m. Check-in

6:00 p.m. Banquet Program

- Welcome (MC) . . . 5 minutes
- Dinner (45 minutes)
- Mini-Concert (musical guests) . . . 10-15 minutes
- Speaker (Dave Faust), “Not Too Old” . . . 45 minutes
- Closing and Explanation About the Next Day’s Program (MC)
. . . 10 minutes

Saturday

8:00 a.m. Check-in, light breakfast/coffee

9:00 a.m. Main session

- Welcome by local host, explanation about the day’s activities
(option: recognize event sponsors)
- Dave Faust speak on “Not Too Old” or “What I Have Learned
About Aging”

10:00 a.m. Break (enjoy snacks and visit exhibits)

10:15 a.m. Workshops (Session 1) . . . other workshops, breakout sessions,
or panel discussions can be added on topics like retirement, health care,
spiritual growth, coping with grief, caregiving, Q & A with Dave Faust, etc.

- Intentional Christian Grandparenting *(repeated at 1:00 p.m.)*
Leader:
Presider:
- Financial Planning Tips for Senior Adults *(repeated at 1:00 p.m.)*
Leader:
Presider:
- Peace of Mind: Funeral/Cemetery Pre-Planning *(offered now only)*
Leader:
Presider:
- Brain Health & Falls Prevention *(repeated at 11:15 a.m.)*

Leader:

Presider:

- **How to Be a Healthy Inter-Generational Church** *(offered now only)*

Leader:

Presider:

11:00 a.m. Break (enjoy snacks and visit exhibits)

11:15 a.m. Workshops (Session 2)

- **Legal Issues Affecting Senior Adults** *(offered now only)*

Leader:

Presider:

- **How Seniors Can Serve in the Church** *(offered now only)*

PANEL DISCUSSION

Presider: Dave Faust

- **Brain Health and Falls Prevention** *(repeated from Workshop Session 1)*

- **Avoiding Scams** *(offered now only)*

Leader:

Presider:

12:00 Noon Lunch (enjoy the meal and conversation, and visit exhibits)

1:00 p.m. Workshops (Session 3)

- **Intentional Chr. Grandparenting** *(repeated from Workshop Session 1)*

- **Financial Planning Tips for Senior Adults** *(repeated from Workshop Session 1)*

- **Disciple-Making in Your Senior Years** *(offered now only)*

Leader:

Presider:

- **Community Resources for Senior Adults** *(offered now only)*

Leader:

Presider:

- **How Older Adults Can Serve Your Community** *(offered now only)*

Leader:

Presider:

1:45 p.m. Break (visit exhibits and enjoy snacks)

2:00 p.m. Main session . . . Dave Faust speaking on “Even If” or another topic

2:55 p.m. Closing